

FREE ONLINE CLASSES FOR PARENTS & CARERS OF KIDS & TEENS LIVING WITH T1D

- Breathe: a mental health masterclass series
- Let's Talk T1D: support, practical advice & handy tips

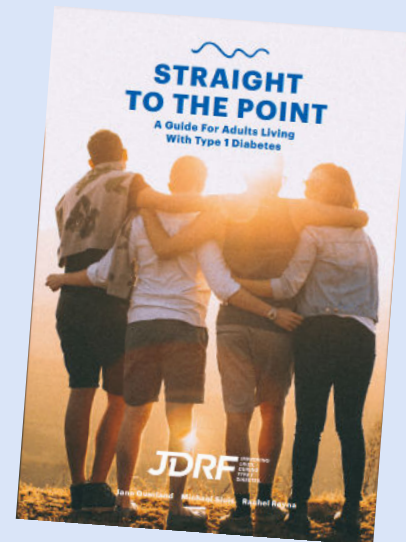


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STRAIGHT TO THE POINT

The must-have book
for adults living with T1D

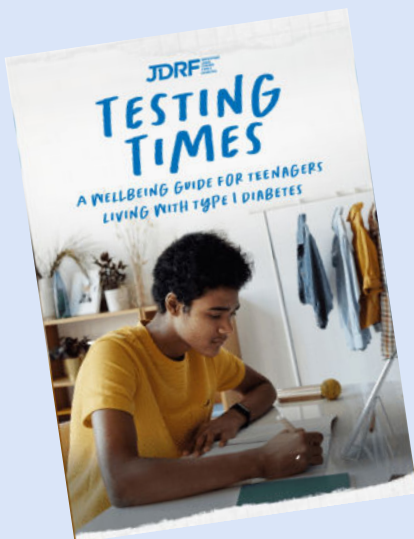
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TESTING TIMES

The practical guide
for teens & young
adults living with T1D

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