

Helping you thrive with type 1 diabetes

Type 1 diabetes (T1D) has a huge impact on the 125,000+ Australians who live with it, their families, carers, and support networks.

To help ease the burden of T1D management, JDRF Australia provide an extensive range of resources to offer the right support, at the right time.



The peer support program

A volunteer network to connect people affected by T1D, to provide support from someone who understands



Tailored guides & resources

For every age and stage of T1D, from adults and teens with the condition to parents of a child with T1D



Mental health programs

Designed and facilitated by mental health experts to support the community's wellbeing



Private online support groups

Safe spaces on Facebook for newly diagnosed, parents and carers, and teens and adults living with T1D



**Scan to access these programs and
learn more about managing T1D**

All community resources provided by JDRF Australia are developed in collaboration with professional educators and healthcare professionals.

JDRF is a global non-profit leader in type 1 diabetes, providing community resources, advocating for improved health policy, and investing significant funding for research breakthroughs. Our vision is for a world without type 1 diabetes.